



2020

March

Healthy For Life



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 Mozz. Sticks w/Marinara Chicken Parmesan Pizza Chicken Caesar Sal.w/Crkr. Baked Fries Sweet Golden Corn Fresh Baby Carrots Fresh Fruit or Diced Peaches READ ACROSS AMERICA	3 BBQ Rib Sandwich Buffalo Chicken Pizza Ham Chef Salad w/WG Crkrs Baked Fries Green Beans Fresh Red Pepper Slices Mixed Fruit Cup or Juice	4 Hot Roast Turkey Sandwich Buffalo Chicken Pizza Turkey & Ch.Salad w/WG Crker Stuffing w/Gravy Steamed Broccoli Fresh Baby Carrots Diced Pears or Fresh Fruit	5 Walking Taco Buffalo Chicken Pizza Ham Pizza Salad w/WG Crkrs Steamed Rice Vegetarian Baked Beans Fresh Broccoli Fresh Fruit or Juice	6 Macaroni & Cheese White Pizza Chick.Caesar Salad w/WG Crackers Baked Fries Stewed Tomatoes Fresh Broccoli Fresh Fruit or Applesauce	<p>More Info... Offered Daily:</p> <p>Chicken Patty Sand.</p> <p>Cheeseburger</p> <p>Chicken Nuggets</p> <p>Cheese Pizza</p> <p>Pepperoni Pizza</p> <p>MTO Deli Bar</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Fresh Vegetables</p> <p>1% Milk</p> <p>Skim Milk</p> <p>Chocolate Skim Milk</p> <p>All Breads, Rolls and Pizza Dough is Whole Grain</p> <p>Egg & Tuna available on Deli on Fridays in March</p>				
9 Meatball Sub Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Baked Tater Tots Steamed Broccoli Fresh Baby Carrots Fresh Fruit or Diced Pears	10 Chicken Mashed Potato Bowl Buffalo Chicken Pizza All Amer.Cobb Salad w/WG Crackers Mashed Potatoes w/Gravy Golden Corn Cucumber & Tomato Salad Applesauce or Juice	11 Hot Wing Hoagie Buffalo Chicken Pizza Chick.Caesar Salad w/Crkr Campfire Beans Seasoned Peas Garden Salad Fresh Fruit or Mixed Fruit Cup	12 Pork BBQ Sandwich Buffalo Chicken Pizza Ranch Chick.Salad w/Crkr Baked Tater Tots Orange Glazed Carrots Garden Salad Fresh Fruit or Juice	13 Fish Sticks w/WG Brd. White Pizza Chef Choice Salad w/WG Crackers Baked Fries Mixed Vegetables Garden Salad Fresh Fruit or Strawberry Cup					
16 Mini Corn Dogs Bacon Pizza Chick.Caesar Sal.w/WG Crackers Seasoned Peas Baked Tater Tots Fresh Baby Carrots Cinn.Sliced Apples or Juice	17 General Tso's Chicken Buffalo Chicken Pizza Turkey Chef Salad w/WG Crackers Steamed Rice Steamed Broccoli Fresh Red Pepper Slices Fresh Fruit or Juice HAPPY ST.PATRICK'S DAY	18 Chili Dog Buffalo Chicken Pizza All Amer.Chef Salad w/WG Crkrs Baked Fries Seasoned Peas Garden Salad Diced Peaches or Fresh Fruit	19 Walking Taco Buffalo Chicken Pizza Chicken Caesar Salad w/Crkr. Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Fresh Fruit or Juice	20 Grilled Cheese on Pretzel Roll White Pizza Chick.Caesar Salad w/Crkr. Baked Fries Golden Corn Garden Salad Mixed Fruit Cup or Fresh Fruit					
23 Philly Cheese Steak Sand. Buffalo Chicken Pizza Egg Chef Salad w/Crkr Baked Tater Tots Orange Glazed Carrots Fresh Baby Carrots Applesauce or Fresh Fruit	24 Hot Ham & Ch.on Pretzel Roll Buffalo Chicken Pizza Chick.Caesar Salad w/WG Crkrs Baked Fries Green Beans Garden Salad Fresh Fruit or Juice	25 Chicken Parmesan Sand. Buffalo Chicken Pizza Chef Choice Salad Baked Tater Tots Seasoned Peas Garden Salad Diced Peaches or Fresh Frt.	26 Hot Wing Tenders Buffalo Chicken Pizza Ranch Chick.Salad w/Crkr. Campfire Beans Baked Tater Tots Fresh Celery Sticks Applesauce or Juice	22 Grilled Ch.on Pretzel Roll Buffalo Chicken Pizza Brd.Chick.Caesar Salad w/WG Crackers Baked Fries Steamed Carrots Garden Salad Diced Pears or Fresh Fruit					
30 Boneless Hot Wing Bites Buffalo Chicken Pizza Chick.Caesar Salad w/WG Crkrs. Baked Fries Mixed Vegetables Fresh Celery Sticks Mixed Frt.Cup or Fresh Fruit	31 Texas Cheeseburger Buffalo Chicken Pizza Chick.Caesar Salad w/WG Crkrs. Baked Tater Tots Steamed Carrots Garden Salad Applesauce or Juice			PRICES: Free Reduced - \$.40 Paid - \$2.70					
				<p>READ ACROSS AMERICA</p> <p>Dr. Seuss Day on Monday, March 2nd</p>					

RIVERSIDE JR./SR. HIGH SCHOOL LUNCH MENU



Menus are subject to change without notice.